



If you're going to enjoy sports on wheels - you'll want to make sure you have all of the gear you need this year. Our checklist below details the items you need before rolling out this season.

Wheeled Sports Checklist

Recreational Skating:

- Skates
- Helmets
- Elbow Pads
- Knee Pads
- Wrist Guards

Skateboards:

- Deck
- Grip Tape
- Trucks
- Wheels
- Bearings
- Decals
- Helmets
- Elbow Pads
- Knee Pads
- Wrist Guards

Roller Hockey:

- Skates
- Stick (minimum 2)
- Puck or Ball
- Helmet with Mask
- Elbow Pads
- Shin Guards
- Gloves
- Pants
- Mouth Guard
- Water Bottle
- Tape
- Girdle
- Cup & Supporter

Goalie

- Mask
- Catcher
- Blocker
- Chest Protector
- Leg Pads
- Goalie Stick
- Throat Protector