



If you're going to play the game - you'll want to make sure you have all the gear you need this year. Our checklist below details the items you need before hitting the ice this season.

Ice Hockey Checklist

- Skates
- Skate Sharpening Card
- Skate Guard
- Stick (minimum 2)
- Tape
- Helmet with Mask
- Shoulder Pads
- Elbow pads
- Gloves
- Hockey Pants
- Shin Guards
- Pucks
- Hockey Jock/Jill
- Equipment Bag
- Practice Jersey
- Socks
- Moisture Management Tops & Bottoms
- Mouth Guard
- Neck Guard
- Water Bottle
- Training Aids (Practice Goal / Shooter Tudor)

Goalie

- Mask
- Catcher
- Blocker
- Chest Protector
- Leg Pads
- Goalie Skates
- Goalie Stick
- Throat Protector