



If you're going to play the game - you'll want to make sure you have all the gear you need. Our checklist below details the items you need in your equipment bag before hitting the field this season.

### Football Checklist

- Football
- Ball Pump or Inflation Needles
- Helmet
- Upgraded Chin Strap
- Shoulder Pads
- Pants and 7pc. Pad Set
- Belt
- Cleats
- Mouth Guard
- Rib Pads
- Neck Roll
- Elbow and Forearm Pads
- Receiver or Lineman Gloves
- Cup and Supporter
- Equipment Bag
- Wrist Bands
- Socks
- Kicking Tee
- Practice Jersey
- Moisture Management Tops
- Tape
- Water Bottle